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1) Activate your Handshake account

- On Handshake, students can:
 - Find internships and jobs that fit students' academic and career interests
 - Register for career fairs and workshop
 - Make an appointment with a JMU Career Advisor
- To activate your Handshake account, scan the QR code or visit jmu.joinhandshake.com

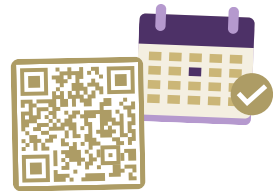


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2) Schedule a career advising appointment at least once a year

- Meet with a Career Advisor to receive 1-on-1 attention and a personalized action plan to
 - Choose the best-fitting career path(s)
 - Create resume, cover letter, Handshake and LinkedIn profile
 - Develop plans to search for jobs, internships, or graduate schools
- To schedule an appointment, scan the QR code or visit jmu.joinhandshake.com/appointments



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3) Attend University Career Fairs every semester

- Career fairs are the best settings for all students (across all majors and class years) to practice introducing themselves, their backgrounds, and skills
- With practice, students will be more comfortable and effective with networking
- At each career fair, spend 30 minutes talking to 5 organizations
- To view info about career fairs at JMU, scan QR code or visit jmu.edu/career/careerfairs

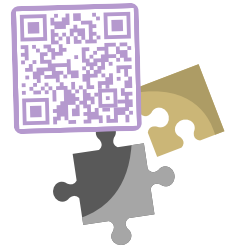


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4) Connect classes to potential career paths

- Coursework is a student's best asset for any internships, jobs, or graduate programs they seek
- To highlight coursework, students must articulate the knowledge, skills, or perspectives they gain from specific courses and relate it to their career ideas
- To learn more about career options for each major at JMU, check out our "Career Guide" by scanning the QR code



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5) Pursue internships, work-related, and volunteer experiences

- These experiences allow students to apply academic knowledge, try out occupations, and develop a professional network - these experiences will improve students' candidacy for whichever career paths they pursue
- Handshake is a great place to start your internship search
- Utilize career resources by scanning the QR code or visit jmu.edu/career

